

Health & Healing

There is absolutely no doubt that people today are much sicker than they need to be. We could be so much healthier, happier, physically fit, and emotionally stronger than we actually are. Just like our food supply needs major change, our health care system needs tremendous reform too. There is also a need to teach individuals how



to take more responsibility for their own health and well being. All of these things need transformation and we need Changemakers to get the ball rolling!

As a whole, we are only using a fraction of our potential in areas of physical, mental, emotional and spiritual health and well being. As we all know, health and healing is a multibillion dollar industry, but most of the money goes toward financing symptom control and the treatments of existing diseases. What we really need is research and preventative health care. Check out the opportunities listed below to see what interests you.

Then get going and do some research in your area. Find out what's required of you to get started towards that career field. Which college should you attend? Are there internships available? Is there a special school you should apply to? Where are these jobs located and is that a place you'd like to live? Happy hunting!

- * Naturopathic Doctor
- * Nurse
- * Midwife
- * Therapist
- * Counselor
- * Health Coach
- * Relationship Coach
- * Nutritionist
- * Herbalist
- * Energy or Spiritual Healer
- * Workshop Leader
- * Author
- * Integrative Medical Practitioner
- * Acupuncturist
- * Yoga Instructor
- * Chiropractor
- * Dentist
- * Athletic Trainer
- * Art Therapist
- * Pharmacist
- * Nursing Home Resident Assistant
- * Recreation Assistant
- * Social Worker
- * Home Health Aide