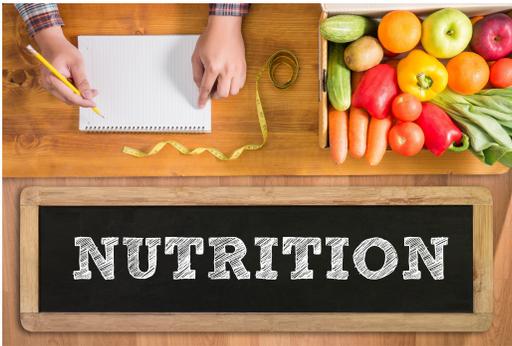


Producing & Distributing Healthy Sustainable Food

Well over half of the food that we buy in grocery stores and most of what we eat at fast food restaurants contribute to the sickness and exhaustion felt by the majority of people today. What we choose to feed ourselves has a powerful effect on our health and how we feel. Needless to say, this puts an enormous strain on our health care system and also limits the amount of people willing and able to make changes, since they won't be feeling too well themselves.



Also, most people don't realize the massive impact that food production has on the environment. In fact, it's one of the biggest contributors to pollution ever! But since eating is one of our basic human needs, as well as one of our greatest pleasures, there will always be plenty of lucrative opportunities for Changemakers. Check out the opportunities listed below to see if anything strikes your interest. If so, do some more research. Find out what's required of you to get started towards that career field. Which

college should you attend? Are there internships available? Is there a special school you should apply to? Where are these jobs located? Discover what you need to know to help jumpstart your Changemaker career!

- * Restaurant Owner
- * Health Food Store Owner
- * Farming
- * Nutrition Consultant
- * Nutrition Coach
- * Chef
- * Cooking Class Instructor
- * Online Nutrition Course Teacher
- * Organizing Urban Roof Top Gardens
- * Activism to Mobilize Legislators
- * Work for the Food & Drug Administration
- * Agricultural Research
- * Food Safety Auditor
- * Culinary Manager
- * Sustainable Food Law
- * Health Institutions
- * Garden Manager
- * Production Assistant
- * Food Distributor
- * Food Marketing & Communications
- * Quality Assurance Manager
- * Outreach Specialist
- * Food Researcher & Writer
- * Sustainable Food Sales